The Acorn Partnership
Marston Montgomery Primary School
Long Lane C of E Primary School

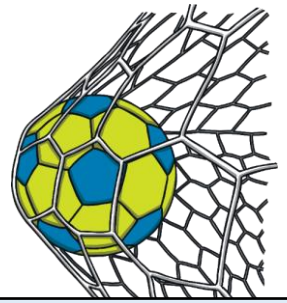
PE – Invasion Skills –Year 3 and 4

New Knowledge:

- I know how to keep control whilst dribbling
- I know how to pass to a team member
- I know basic attacking skills and am beginning to develop these.
- I know how to recognise and apply basic defending skills.
- I know how to practise all previous skills learnt
- I know how to follow instructions given to play a new invasion game

Sticky Learning

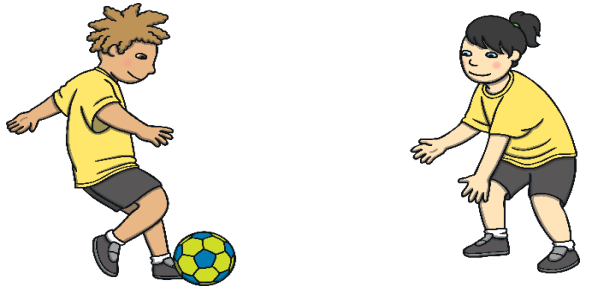
- I know how to travel with a ball with control
- I know how to attack and defend
- I know a variety of passes
- I know how to kick a ball different distances
- I know how to dribble a ball around an area
- I know how to mark a player



Aiming for a target
Dodging and marking

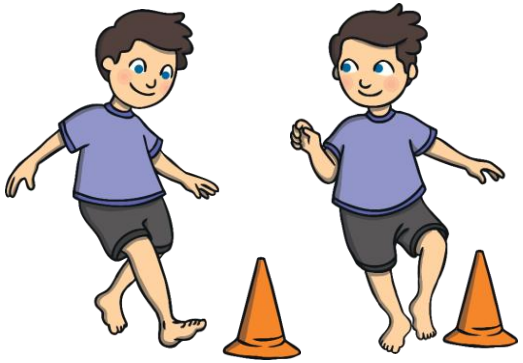


Control, stop, dribble
Changing direction



Passing a ball Moving with a ball
Attacking and Defending







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PE – Invasion Skills – Autumn 1 Term 2024

Key Vocabulary

Dribbling	Moving a ball along with you by repeatedly tapping, pushing, or bouncing it.
Control	Being able to keep the ball close and do what you want with it.
Techniques	The special ways or methods you use to play a sport or do an activity well.
Speed	How fast you move.
Direction	The way you are going, like left, right, forward, or backward.
Defending	Trying to stop the other team from scoring or taking the ball.
Attacking	Trying to score or get the ball closer to the goal.
Dodging	Quickly moving out of the way to avoid something or someone.
Marking	Staying close to an opponent to try and stop them from getting the ball or scoring.
Passing	Kicking or throwing the ball to a teammate.
Accuracy	Being able to hit a target or get the ball exactly where you want it to go.
Power	Using a lot of strength or force to do something, like kicking a ball hard.
Leadership	Being good at guiding and helping a team work together.
Stopping	Bringing the ball or yourself to a halt, so you don't move anymore.

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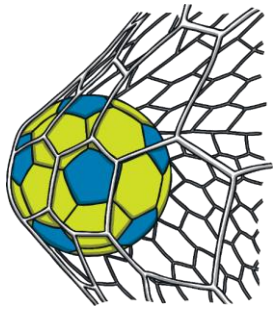
PE – Invasion Skills –Year 5 and 6

New Knowledge:

- I know how to use the correct technique whilst dribbling
- I know how to pass correctly and with accuracy
- I know how to use accuracy and power when passing
- I know how to use a range of defending skills including dodging and marking
- I know how to practise previous skills learnt to invent an invasion game
- I know how to deliver and teach a made up invasion game

Sticky Learning

- I know how to keep control whilst dribbling
- I know how to pass to a team member
- I know basic attacking skills and am beginning to develop these.
- I know how to recognise and apply basic defending skills.
- I know how to practise all previous skills learnt
- I know how to follow instructions given to play a new invasion game

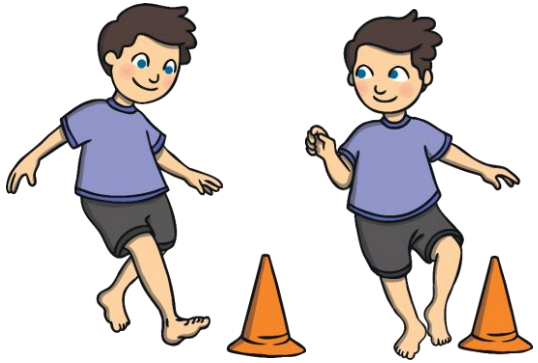


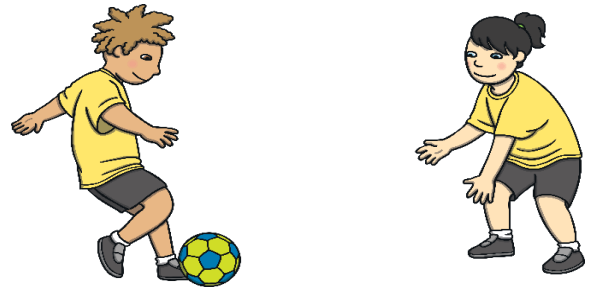
Aiming for a target
Dodging and marking





Control, stop, dribble
Changing direction





Passing a ball Moving with a ball
Attacking and Defending

